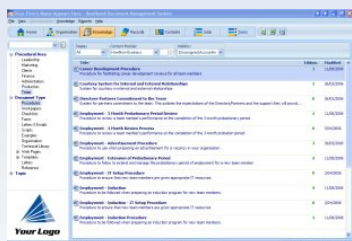


HowNow[®]

System Requirements



If a server or workstation can run Windows and Microsoft[®] Office, they can run HowNow[®]. Recommended system requirements for HowNow[®] are as follows:

MICROSOFT[®] OFFICE

HowNow[®] requires:

Microsoft[®] Office 2003 SP3 or
Microsoft[®] Office 2007 SP2 or
Microsoft[®] Office 2010

Please note:

- HowNow[®] does not work with any Microsoft[®] Office version earlier than Office 2003
- The HowNow[®] Email Manager requires Microsoft[®] Outlook[®] using Microsoft[®] Exchange.
- HowNow[®] will not run correctly over a plain VPN connection. It will however work using Remote Desktop via a VPN however.

SERVER REQUIREMENTS

HARDWARE

1.5 GHz processor or higher
2GB RAM or higher
2GB or more free hard disk space

SOFTWARE

Microsoft[®] Windows Server 2003 R2 or higher

TERMINAL SERVER REQUIREMENTS

HARDWARE

Dual 1.5 GHz processors or higher
Base 2GB RAM
Plus 50 MB per User
2GB or more free hard disk space

SOFTWARE

Microsoft[®] Windows 2003 R2 Terminal or higher

SERVER WORKSTATION REQUIREMENTS

HowNow[®] will run on any workstation that can run either Microsoft Windows XP SP3, Windows Vista SP1 or Windows 7 and either Microsoft[®] Office 2003 SP3, Microsoft[®] Office 2007 SP2 or Microsoft[®] Office 2010.

PRINTERS

HowNow[®] operates with most standard printers supported by your operating system. HowNow[®] does not support the use of dot matrix printers.

ADDITIONAL RECOMMENDATIONS

Ensure that:

- Offline backup capability is available for the server

NETWORK CONNECTIVITY

If operating on a network, the following areas will impact performance:

- Cabling will impact significantly on the reliability and speed of your software. UTP Category 5 cabling is required as it offers the best reliability and performance.
- For local area networks, we recommend 100Mbps hubs/switches and 100Mbps network cards.

Important Note

The system requirements noted in this document are recommendations only and may be subject to and dependent on a number of other factors in your technical environment.

Please consult the businessfitness[™] HowNow[®] Support Team as well as your own network engineer to confirm the appropriate requirements for your firm.

Further Questions

Please call our Support Team on 1300 333 424 or email support@businessfitness.net.